



PROBUS CLUB OF KILLARNEY HEIGHTS

22 Wallace St, Willoughby, NSW 2068 ABN 62 621 547 226



No 404

NO MEETING FOR DECEMBER

PRESIDENTS REPORT



It was great to hear from members of our local Emergency Team, who were the guest speakers at our November Members' Meeting. By all accounts, their presentation was both excellent and very informative. The number of members and wives who attended was on the disappointing side, especially considering that it was our annual

Scones Day, although I was told that the guest speaker's team helped consume any scones that may have been left over. Many thanks to Carol Morley and her team, for doing such an excellent job of preparing the

fare on the day, in the absence of Sue Baxter, who was unable to attend, due to the bad breaks in her arm, suffered during the Tasmanian cruise. We wish Sue a speedy and total recovery from her accident.

At last month's meeting, as well as inducting Robin Taylor as a member, we had two couples who were interesting in attending as potential members: Ross and Trish Matterson, and Stephen and Christine Lowe. Ross and Trish subsequently attended our Christmas Luncheon, and it is anticipated that they will be inducted as members at our January meeting.

Speaking of Christmas Luncheons, on Friday last week (13th) we had a great turnout of 73 for our Luncheon at Monash Golf Club. Everyone I spoke to enjoyed the meal, the setting, and their Probus friends. (It's always a good sign that our members are having a great time, when a number of tables in the dining room were still fully occupied around 3.15pm.) Once again, Ken and Lyn Fletcher did a superb job in organising the luncheon, especially at a new venue for our Club, and with the increased attendance over last year's numbers (last year we had 61 at the luncheon). My thanks to Keith Penfold, who stood in most ably for me at the November meeting. Keith has offered to be one of the guest speakers at our January Members' & Partners' meeting, with his topic being "F1 Motor Racing". Keith will share the podium with Tom Keating, whose topic will be "Cycling Is Not About a Sore Backside". We will therefore have speakers on two different modes of transport, one of which most of us are highly unlikely to have experienced (I think that you know which one I'm referring to).

A couple of readers of our monthly newsletters have indicated their confusion, when an upcoming meeting is referred to as being for "Members & Partners". To clarify, meetings designated as such are open to members' wives/partners, to guests of members, and importantly, to all widows of former members. "Members Only" meetings are only open to our current members (including those who are to be inducted as members at such a meeting). I hope that this explanation is clear to all readers.

We are still seeking nominations for positions on our 2025 Probus Committee. While Cliff Ventris has indicated that he is prepared to nominate for President at next March's AGM, and Cindy Ventris has indicated her willingness to stand again for the Committee role of Welfare Officer, Gerard de Jong has indicated that he will not be re-nominating for the Day Outings role, and Chris Hall will not be standing for Secretary

MEMBERSHIP

As of 18 December we have 73 active members and 7 non-active a total of 80 members

SPEAKER FOR January 2025

January 16th Members and Partners
Our speakers today are:
Keith Penfold, his topic being "F1 Motor Racing
Tom Keating, His topic will be "Cycling Is Not About a Sore Backside"

CHRISTMAS LUNCH

Our new venue for our Christmas Luncheon at Monash Country Club was well attended, but it was unfortunate that two of our members forgot that the event was on.

Seventy Three members and guests attended the Christmas Themed Function Room. The Table prize winners were Joyce Rudland, Barbara Chisnell, Olivia Skingsley, Ross Matterson (prospective member), Paul Baxter, Graeme Hooper, Geoff George, Jim McLelland and Helen Gill. Overall it was a very successful and happy event for all.

Many of the ladies went home with a beautiful fresh bunch of Christmas Bush, Thanks to Carol and Tony Morley.

Ken Fletcher FUNCTIONS



Photo by kind permission Olivia Skingsley

WINE APPRECIATION

Next meeting date to be advised.

Keith Penfold



We are riding every Wednesday, generally starting at 9.00 am. at Dee Why and riding, on cycle paths, to Narrabeen where we join non riders for coffee at Tramshed Café on Pittwater Road (adjacent to Ambulance Station), to have a chat. **Bryan Power 9452-3916 powerbryan@hotmail.com** or Tom Keating and

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SPEAKER REPORT

NOVEMBER TALK – FIRE

We were visited by John Diggins from Forestville Fire Station, supported by Scott, Adam and Nat.

Scott pointed out that one-third of people who died by fire were seniors; and that a room can be engulfed in fire in three minutes, but most fires can be prevented in seconds.

He showed a video "Better Safe than Sorry" which was targeted at seniors. Some of the points made were:

Keep looking while you're cooking! -65% of fires start in the kitchen and one-third of all fires are caused by leaving food unattended on the stove.

Don't overload power boards.

Most fires occur during winter.

Use a fire screen for open fires.

Keep everything at least a metre from heaters.

Always turn off electric blankets when getting into bed.

Put nothing on an electric blanket when it is on.

Do not smoke in bed – extinguish cigarettes in water.

In the laundry, clean link and fluff out of dryers.

Do not leave home if the dryer is on.

Buy a Fire Blanket – it can be used to extinguish small fires – keep the blanket between you and the fire and get out.

Cockroaches can eat fire blankets – check yours.

Place yourself so that the fire is never between you and your escape route.

Turn off all heat sources.

Don't re-use a fire blanket – throw it away.

Have an escape plan and keep your keys near the exit door – every second counts.

Barbecues cause many fires. Good maintenance is important – check hoses and gas bottles. Do not allow children to use the barbeque.

Smoke alarms are important and should be checked monthly. An alarm should be in every level of the home. Batteries should be replaced each year – he suggested when changing from daylight saving time in Autumn.

Most fire extinguishers have a ten-year life – check your extinguishers. Dispose of old extinguishers in the "chemical collection".

If a lithium battery catches fire, do not approach it – close the door and dial 000. If you are changing lithium batteries, do it outside. Never drop a lithium battery.



Thank you Geoffrey Gill for this report

Birthdays to 16th January

November

- 20 Ron Jones 24 John Diamond
- 4 Bruce Downie
- 22 Catherine Power
- 28 Elsie Carney
- 30 Pam Rawson



December

- 3 Faye Cox
- 6 Carol Morley
- 6 Wendy Penfold
- 9 Rosemary McBlane
- 19 Menta Fairclough
- 27 PetzyMeyer 28 Jan Rassack
- 31 Barbara Chisnall
- 8 Tom Keating
- 11 Cyril Bennell
- 18 Geoff Rassack
- 30 Ted Smith

January

- 4 Neale Bull
- 11 Alan Mann
- 12 Frank Love
- 3 Maurine Stephenson
- 6 Lvn Fletcher
- 7 Marian Gill
- 10 Bev Bennell

Financial Summary November 2024

Opening Balance.. \$7,258.06

Add income.... \$3,748.25 **Less expenses.... \$235.51**

Closing balance \$10,770.80 Less for payment \$5,620.15

Money in reserve. \$2,150.65



Best wishes for the festive season and 2025

If paying by EFT the banking details are **BSB 062-295 10519860** Probus Club of Killarney Heights. Please make sure your name and event is given so that it can be properly applied. You should also advise the Treasurer and organiser, emails below

COMMITTEE 2024-2025

President Rob Beaton 9975-7515 robjbeaton@gmail.com Vice-President

Day Outings Gerard de Jong 9451-0469

gerarddejong@bigpond.com

Functions Ken Fletcher 9982-8099 kenfletcher1970@gmail.com

Membership Paul Baxter 0401-800-354

pauldigbybaxter@hotmail.com

Brian Skingsley 9452 5898 bskingsley@gmail.com Newsletter

Chris Hall 0419-232-670 chrisjhall50@outlook.com.au Glenys Love 0420-325-240 glenys.love@gmail.com Speakers

Treasurer Brian Skingsley 0419-460-639

Treasurer@khprobus.org

Walks

Welfare Cindy Ventris 0412-547-791 cliffandcindyventris@gmail.com

FOR YOUR DIARY more details on website http://khprobus.org

When	Where	What
Monday 27 th January	Jamieson Park, Narraabeen	Annual BBQ (Late afternoon)

Contact for Ray McGimpsey Marco Polo Aged Care Centre 11 Watergum Way WOONONA NSW 2517 Mobile 0408-297-231